



East Coast Gourmet

ALL-NATURAL

Lemon Dill Salmon Burger

*Lemon and dill perfectly
compliment the wild Pacific
salmon in this delectable burger.*



Item #	UPC	Case	Pallet
0029	88063200983 7	24 x 4 oz Net Weight: 6 lbs Gross Weight: 6.91 lbs Case Dimensions: 16" x 9.25" x 4" Case Cube: .34	10 per tier / 15 tiers high 150 cases per pallet Pallet weight (gross): 1036.5 lbs

INGREDIENTS: PACIFIC SALMON, PANKO BREAD CRUMBS (UNBLEACHED WHEAT FLOUR, EVAPORATED CANE JUICE, YEAST, SEA SALT), SOUR CREAM (CULTURED MILK & CREAM), WINE, CREAM CHEESE (PASTEURIZED CULTURED MILK & CREAM, WHEY, SALT, TARA GUM & GUAR GUM), SHALLOTS, LEMON JUICE, NATURAL BUTTER FLAVOR (WHEY, BUTTER OIL, SALT, SUGAR, GUAR GUM), CANOLA & OLIVE OIL, SALT, DILL, WORCHESTERSHIRE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, SUGAR, SPICES, ANCHOVIES, NATURAL FLAVOR, TAMARIND), CAYENNE PEPPER SAUCE (AGED CAYENNE RED PEPPERS, VINEGAR, SALT AND GARLIC), CARRAGEENAN GUM, MUSTARD FLOUR, BLACK PEPPER.

CONTAINS: FISH, MILK, WHEAT, AND WINE (WHICH HAS NATURALLY OCCURING SULFITES).

COOKING INSTRUCTIONS: **Pan:** coat pan with olive oil or non-stick cooking spray. Cook burgers over low-medium heat for 3 to 5 minutes on each side, or until they reach an internal temperature of 165°F. **Grill:** Heat grill to medium. Lightly coat burgers with olive oil. Grill for 3 to 5 minutes on each side or until they reach an internal temperature of 165° F. **Oven:** Preheat oven to 400°F. Cover baking sheet with foil and lightly coat with non-stick cooking spray. Bake burgers for 12-15 minutes or until they reach an internal temperature of 165°F.

HANDLING: Keep frozen. Thaw under refrigeration.

SHELF LIFE: 1 year from manufacture date, frozen. Once thawed, product may be kept refrigerated for up to 5 days.

Nutrition Facts

Serving Size 113 g		
Amount Per Serving		
Calories 210	Calories from Fat 90	
% Daily Value*		
Total Fat 10g		15%
Saturated Fat 3g		15%
Trans Fat 0g		
Cholesterol 50mg		17%
Sodium 570mg		24%
Total Carbohydrate 11g		4%
Dietary Fiber 1g		2%
Sugars 1g		
Protein 19g		
Vitamin A 6%	Vitamin C 15%	
Calcium 10%	Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		



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